

Date: 20.04.2022
Hyderabad.

To,
The Dean,
Malla Reddy Medical College for Women,
Suraram,
Hyderabad.

From,
MEU Coordinator,
Malla Reddy Medical College for Women,
Suraram,
Hyderabad.

Sub: Request to conduct **“Yoga and Health”** course.

Respected Madam,

We are planning to conduct a value added course titled **“Yoga and Health”** for 2021 Batch MBBS I year students from May 9th – 11th 2022. The details of the program are as follows,

Resource persons:

1. Dr. B. Venkata Ramana, Professor and Head, Department of Orthopaedics, MRMCW
2. Dr D Rajashree, Professor and HOD, Department of Physiology, MRMCW
3. Ms Devi Sree, Yoga Trainer, MRMCW

Venue – Lecture Hall, Ground floor, MRMCW

Date – May 9th – 11th 2022

Time – 09:00 am – 04:00 pm

We kindly request you to grant permission for the event and provide the necessary support.

Thanking you,



S. Sreelatha
Principal / Dean
Malla Reddy Medical College for Women

Yours sincerely,
P. S. V.
MEU Coordinator

MRMCW/Circulars/WVAC/2021/22/April-02

Date: 20.04.2022

CIRCULAR

A value-added course on “**Yoga and Health**” will be conducted in Malla Reddy Medical College for Women from May 9th – 11th 2022 for 2021 batch I year MBBS students. Batch incharges to inform the students and reschedule classes and postings. Students have to register with the program coordinator Dr.B. Venkata Ramana, Professor and Head, Department of Orthopaedics, MRMCW

Resource persons:

1. Dr. B. Venkata Ramana, Professor and Head, Department of Orthopaedics, MRMCW
2. Dr D Rajashree, Professor and HOD, Department of Physiology, MRMCW
3. Ms Devi Sree, Yoga Trainer, MRMCW

Venue – Lecture Hall, Ground floor, MRMCW

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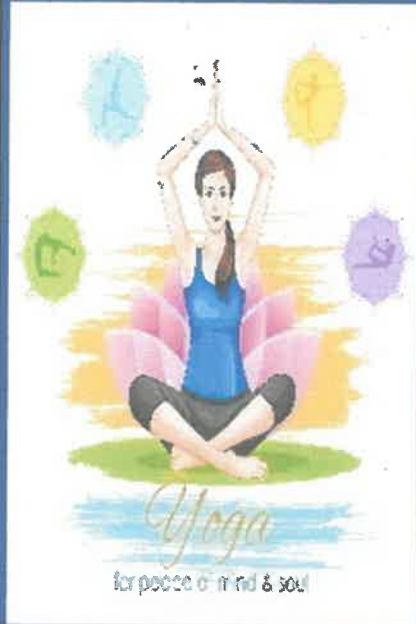
1. Circulation in student's classroom
2. All HoDs
3. Notice board
4. PA to Principal for filing



S. Swalatha
Principal/Dean

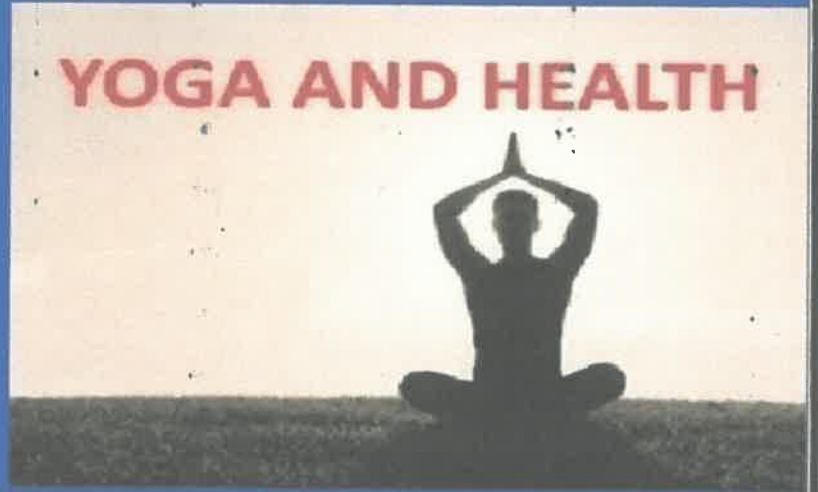
Principal / Dean
Malla Reddy Medical College for Women

Brochure



VALUE ADDED COURSES

YOGA AND HEALTH



Course Coordinator Dr. B. VENKATA RAMANA,
Professor & HOD of Orthopedics.

For 2021 Batch I Year MBBS Students

Organized by
Department of Orthopedics



MALLA REDDY
MEDICAL COLLEGE FOR WOMEN

09th - 11th May 2022

TIME: 9:00 AM TO 4:00 PM

Venue : Lecture Hall, Ground floor,
Malla Reddy Medical College For Women
Suraram, Hyderabad - 500055.

Website : www.mrmcw.edu.in

S. Venkatesh

Principal / Officer
Malla Reddy Medical College For Women

Yoga and Health

COURSE OBJECTIVES	At the end of the course the student should be able to achieve the following objectives: Course objectives: <ul style="list-style-type: none"> • To bring balance into the body physically, mentally and emotionally. Specific objectives: <ul style="list-style-type: none"> • To enable the student to have good health. • To practice mental hygiene. • To possess emotional stability.
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COURSE SYLLABUS

Module	Syllabus
MODULE 1	• Introduction and overview
MODULE 2	• Pranayama & Ashtanga yoga
MODULE 3	• Meditation and karma yoga

COURSE OUTCOME

COURSE OUTCOME	The students should be able to have: <ul style="list-style-type: none"> • Knowledge of Yogic practices • Ability to demonstrate the practices
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 Principal / Dean
 Malla Reddy Medical College for Women


 Co-ordinator

Yoga and Health

Program Schedule

Time	Program	Faculty
Day1 (09.05.2022)		
9am-9:30am	Registration, Pre- test	MEU Members
9:30am to 10 am	Inauguration, Welcome Address	Dean, Vice Principal Academics, Medical Superintendent
10am-11:00am	Introduction to the course, importance of yoga in life	Dr B. Venkata Ramana
11:00am to 11:15am	Tea Break	
11:15pm to 1pm	Meditation in life	Dr D Rajashree
1pm-2pm	Lunch Break	
2pm-4 pm	Practical demonstrations and hands- on experience on meditation	Ms Devi Sree
Day2 (10.05.2022)		
9am-9:30am	Recap	MEU Members
9:30am to 11am	Bends and twists	Dr B. Venkata Ramana
11:00am to 11:15am	Tea Break	
11:15am to 1:00pm	Karma yoga and its significance	Dr D Rajashree
1pm-2pm	Lunch Break	
2pm-3 pm	Practical demonstrations on yogic postures	Ms Devi Sree
3 pm - 4 pm	Interaction with students and clarifications	All resource persons
Day 3 (11.05.2022)		
9am-9:30am	Recap	MEU Members
9:30am to 11am	Pranayama & ashtanga yoga	Dr D Rajashree
11am to 11:15am	Tea Break	
11:15am to 1pm	Standing poses, arm balances	Dr B. Venkata Ramana
1pm-2pm	Lunch Break	
2pm to 3pm	Mantra meditation session	Ms Devi Sree
3pm to 4pm	Reflections, Feedback, Post Test, valedictory	MEU Members



S. Kulama
Principal / Dean
Malla Reddy Medical College for Women

Bhuvan
Co-ordinator

Date: 17.05.2022

Summary report on

“YOGA AND HEALTH”

Yoga brings the body and mind together and is built on three main elements – movement, breathing and meditation. Yoga has many physical and mental health benefits including improved posture, flexibility, strength, balance and body awareness. Researchers have discovered that the regular practice of yoga may produce many health benefits, including increased cardiovascular fitness, improved muscular strength and normalization of blood pressure. Yoga is a renowned antidote to stress and promotes improved sleeping patterns. Being young, the students should know the importance of yoga, and how it can improve the health of an individual, taking the concept of holistic medicine into consideration.

Course coordinator: Dr. B. Venkat Ramana: Professor & HOD in Department of Orthopedics, Malla Reddy Medical College for Women, Suraram

VENUE: Lecture Hall, Ground floor, MRMCW

DURATION: 21 hours

TIME: 09:00 am – 04:00 pm

DATE: May 9th – 11th 2022

NUMBER OF PARTICIPANTS: 227 students from 2021 batch I year MBBS

Resource persons:

Dr B Venkata Ramana, Professor and HOD in the department of Orthopaedics, MRMCW, has a special interest inculcating yoga practices in the young students as a part of holistic medicine, and served as the key resource person. He was supported by two other enthusiastic yoga practitioners in daily life, Dr D Rajashree (Professor & HOD, Department of Physiology at MRMCW) and the yoga trainer for students, Ms Devi Sree.



S. Venkatesh
Principal / Dean
Malla Reddy Medical College for Women

Photos:



S. Keelana
Principal / Dean
Malla Reddy Medical College for Women



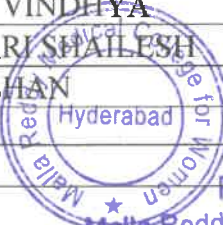
S. Swalams
Principal / Dean
Malla Reddy Medical College for Women

B. N. S.
Co-ordinator

YOGA AND HEALTH	
Course Code: WVAC-21/22-01	
Date: May 9 th – 11 th 2022	Time: 9:00 am-4:00 pm
Venue: Lecture Hall, Ground Floor, MRMCW	
Total Students Registered: 227 students from 2021 batch I year MBBS	

S.NO	REGISTRATION NUMBER	NAME OF THE STUDENT	REGISTERED
1	2101020001	DESHMUKH DARSHANA GAJANAN	Yes
2	2101020002	JAKKA NAMRATA	Yes
3	2101020003	KANHE PUJA BHUPAL	Yes
4	2101020004	A RUCHITHA	Yes
5	2101020005	A SHARANYA	Yes
6	2101020006	AARTHI D RAO	Yes
7	2101020007	AARTI SUNDER RAJU	Yes
8	2101020008	ABBAREDDY VENKATA MANI DEEPIKA	Yes
9	2101020009	ADDI KIYARA REDDY	Yes
10	2101020010	AGRAWAL GAZAL RAVINDRA	Yes
11	2101020011	AKSHITA KANALA	Yes
12	2101020012	AKSHITHA AKUTHOTA	Yes
13	2101020013	AMITASRI BUKKAPATNAM TIRUMALA V	Yes
14	2101020014	ANUBHA VIJAY	Yes
15	2101020015	ARJUN GAYATRI NANASO	Yes
16	2101020016	AVUNURI AKHILA	Yes
17	2101020017	B VISHWA JYOTHI	Yes
18	2101020018	BABHULGAONKAR Sampada Prabhakar	Yes
19	2101020019	BAGGU ABHINAYA	Yes
20	2101020020	BANDARI MANSI	Yes
21	2101020021	BANOTH JHANSI LAKSHMI	Yes
22	2101020022	BASAVARAJU SRI NIKHITA	Yes
23	2101020023	BHANAP PRESHITA ABHIJ	Yes
24	2101020024	BHANDAVLE RUCHITA BALASAHEB	Yes
25	2101020025	BHOJANE VAISHNAVI VASANT	Yes
26	2101020026	BOJJA SUSHMALATHA	Yes
27	2101020027	BOMMASANI POOJITHA	Yes
28	2101020028	BONGURALA SREEJA	Yes
29	2101020029	BOOREDDY YASHWITHA	Yes
30	2101020030	CHALLA CHANTANYA SREE	Yes
31	2101020031	Souram X Road, Purnimapur, Jeedimetla, Hyderabad - 500 055.	Yes

32	2101020032	CHINDAM TARUNIKA	Yes
33	2101020033	CHINTHACHETTU HARIKKA	Yes
34	2101020034	CHORGE BHAVANA PRAKASH	Yes
35	2101020035	D GRACE EVELYNE	Yes
36	2101020036	D SAIPRIYA	Yes
37	2101020037	D VAHINI REDDY	Yes
38	2101020038	DALVE RUTUJA DATTATRAYA	Yes
39	2101020039	DANALAKOTA HARSHITHA	Yes
40	2101020040	DARSHINI D	Yes
41	2101020041	DASARI ABHINAYA	Yes
42	2101020042	DHAGE AMBIKA HARIDASRAO	Yes
43	2101020043	DHARAMSOTH DEEKSHITHA	Yes
44	2101020044	DHARAVATH SNEHA	Yes
45	2101020045	DHOLE SANSKRUTI VILAS	Yes
46	2101020046	DHRUVITHA REDDY GUNTAKA	Yes
47	2101020047	DIMPLE LAHARI GORLA	Yes
48	2101020048	DIVYA NIKHITA VELAMURI	Yes
49	2101020049	DNYANESHWARI RAJENDRA MASAL	Yes
50	2101020050	DUBAS KALYANI	Yes
51	2101020051	DUVVUR ANUDEEPTHI	Yes
52	2101020052	EDUNURI SR AKANKSHA	Yes
53	2101020053	ENUMULA SUSHMITHA	Yes
54	2101020054	ESHNA ANANDA	Yes
55	2101020055	G M SOMALI YADAV	Yes
56	2101020056	G SOUMYA	Yes
57	2101020057	GADDALA SUSANNA	Yes
58	2101020058	GADDAM PRATHIBHA	Yes
59	2101020059	GANDHARI AVANI	Yes
60	2101020060	GANJI NAGA SAI LAKSHMI BHUVANA SRI	Yes
61	2101020061	GARSHALA ANUSHA	Yes
62	2101020062	GOURARAM SANJANA REDDY	Yes
63	2101020063	GUDICHUTTU PRAVALIKA	Yes
64	2101020064	GUNDE PRATHYAKSHA	Yes
65	2101020065	GURBANI SHEETAL DINESH	Yes
66	2101020066	HITYSHA KATTA	Yes
67	2101020067	ISHWARYA SARVA	Yes
68	2101020068	ISIREDDY NAGA SRIKSHITA	Yes
69	2101020069	J SWETHA	Yes
70	2101020070	J JANANEE SREE	Yes
71	2101020071	J V SREE SAI LIKITHA	Yes
72	2101020072	JAGTAP SHIVANI DIPAK	Yes
73	2101020073	JAMALPUR PRAGNYA SADGUNA	Yes
74	2101020074	JILLA MANAVI	Yes
75	2101020075	JILLAPALLI DEEPIKA	Yes
76	2101020076	JOGINAPALLY VINDHYA	Yes
77	2101020077	JOSHI SHARVARI SHAIKESH	Yes
78	2101020078	K FAAEDA AFSHAN	Yes
79	2101020079	K SREEHITHA	Yes
80	2101020080	K TEJASHWINI	Yes



S. Veeramani

Principal / Dean

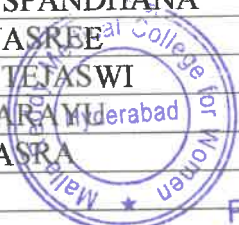
Malla Reddy Medical College for Women

81	2101020081	KADIMETLA ROOPA	Yes
82	2101020082	KAKADE ANJALI RAJABHAU	Yes
83	2101020083	KALTHURI LAKSHMI VEEKSHITA	Yes
84	2101020084	KALWAR SHRUTI DEEPAK	Yes
85	2101020085	KAMANI VARSHITHA	Yes
86	2101020086	KANKARE SEJAL SURYAKANT	Yes
87	2101020087	KARNAKOTI SWATHI	Yes
88	2101020088	KATKAMWAR YASHSHREE NAMDEV	Yes
89	2101020089	KAZA SRI HARSHITHA	Yes
90	2101020090	KEDASI KAVYA JAHNAVI	Yes
91	2101020091	KHAN MASIRA KHANAM JIYAULLA	Yes
92	2101020092	KHAN MUNAZZA FAROOQUE AHMAD	Yes
93	2101020093	KHANDARE KSHITJA PRUTHVIRAJ	Yes
94	2101020094	KILLA NAGALAXMI	Yes
95	2101020095	KOMMU TEJASWINI	Yes
96	2101020096	KOTA SHIVATHMIKA	Yes
97	2101020097	KOTTE AKSHAYA PATEL	Yes
98	2101020098	KUDURMALLA ROSHINI	Yes
99	2101020099	KUKKALA YAMINI DEVI	Yes
100	2101020100	KULKARNI SATWIKA	Yes
101	2101020101	KYASA VARSHA	Yes
102	2101020102	LAVANYA MUPPALLA	Yes
103	2101020103	LAXMI	Yes
104	2101020104	M PRIYA MARIA	Yes
105	2101020105	M SUSMITHA	Yes
106	2101020106	MADAMALA NAVYA	Yes
107	2101020107	MADUGULA SAHANA	Yes
108	2101020108	MAHENDRAKAR PRIYANKA	Yes
109	2101020109	MAMINDLA MOUNIKA	Yes
110	2101020110	MATAM VAISHNAVI	Yes
111	2101020111	METRE DIVYA	Yes
112	2101020112	METTU SANJANA	Yes
113	2101020113	MHATRE SAVARI UMESH	Yes
114	2101020114	MOHAMMAD SHAGUFTHANAAZ	Yes
115	2101020115	MOTAMARRI SREE VALLI	Yes
116	2101020116	MUDKANA SNEHA VIJAYKUMAR	Yes
117	2101020117	MUNISHETTY KEERTHANA	Yes
118	2101020118	MUNJAL SHIVANI DHANRAJ	Yes
119	2101020119	N.NEHA	Yes
120	2101020120	NAGALLA NIKITHA	Yes
121	2101020121	NEERUDU MEDHA KOUSHAL	Yes
122	2101020122	NIMKAR MAITHILI NARESH	Yes
123	2101020123	NITYA MADHURYA DUGGIRALA	Yes
124	2101020124	P R NISHITHA	Yes
125	2101020125	P V SAYUJYA	Yes
126	2101020126	PALLATI SWETHA	Yes
127	2101020127	PALLE SRIJA SA	Yes
128	2101020128	PAPASANI NAVYA SAIREDDY	Yes
129	2101020129	PATIL AARYA SACHIN	Yes



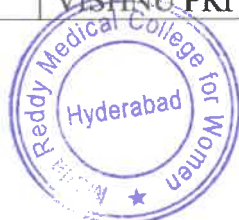
S. Nalaka
Principal / Dean

130	2101020130	PATIL AISHWARYA RAMCHANDRA	Yes
131	2101020131	PATIL AKSHATA HEMANT	Yes
132	2101020132	PATIL VAISHNAVI UDAY	Yes
133	2101020133	PATIL VEDIKA UDAY	Yes
134	2101020134	PAUL BHAGYASHRI SANJAYRAO	Yes
135	2101020135	PAVANI BALLA	Yes
136	2101020136	PENDYALA KATHYAYANI	Yes
137	2101020137	PRAGNYA BANDARI	Yes
138	2101020138	PRAJWALIKA BASNET	Yes
139	2101020139	PULGAM SAI SPANDANA REDDY	Yes
140	2101020140	PULIPAKA HIMABINDU	Yes
141	2101020141	PUNUGUPATI DEEPTHI	Yes
142	2101020142	PURVI HOSAD	Yes
143	2101020143	PYATA SAI SUSHMA	Yes
144	2101020144	RABIA SULTANA	Yes
145	2101020145	RACHAKONDA HARSHITHA	Yes
146	2101020146	RAHEEN RAHMAN	Yes
147	2101020147	RAJALAKSHMI BALASUBRAMANIAN	Yes
148	2101020148	RAJURKAR BHAGYASHRI VINOD	Yes
149	2101020149	RAKHI RAO	Yes
150	2101020151	RAPOLU TEJASWI	Yes
151	2101020152	RASAPUTRA SWETHA	Yes
152	2101020153	RUHI ALTAF MOMIN	Yes
153	2101020154	SAATVIKA BUDDHIRAJU	Yes
154	2101020155	SADIRAPALLI HARITHA	Yes
155	2101020156	SAMA GEETHIKA REDDY	Yes
156	2101020157	SAMA NANDINI	Yes
157	2101020158	SANISETTI TANUJA NAGA PRABHADEVI	Yes
158	2101020159	SATHI HARICHANDANA VEERRAGHAVA REDDY	Yes
159	2101020160	SHAIK SHEERIN	Yes
160	2101020161	SHAIKH JOBIYASHARMIN SHAIKH HAROON	Yes
161	2101020162	SHAIKH SARAH NISAR AHMED	Yes
162	2101020163	SHINDE SNEHA KHANDOJI	Yes
163	2101020164	SHINDE VAISHNAVI SANTOSH	Yes
164	2101020165	SHRIYA SAI MANGARI	Yes
165	2101020166	SIRISHA GARIKIPATI	Yes
166	2101020167	SRIGIRI KRUSHIKA REDDY	Yes
167	2101020168	SRIRANGAM BINDU JYOSHITHA	Yes
168	2101020169	SRSHTI	Yes
169	2101020170	SUMAIYA AYESHA	Yes
170	2101020171	SURAPAKA SRI CHANDANA	Yes
171	2101020172	TANISHA GAURI	Yes
172	2101020173	TANVIA MEDAPATI	Yes
173	2101020174	THAGIRSHA SPANDHANA	Yes
174	2101020175	THALLA RAJASREE	Yes
175	2101020176	THAMBURA TEJASWI	Yes
176	2101020177	THANDRA SARASWATI	Yes
177	2101020178	THODE SAHASRA	Yes
178	2101020179	TISHA JAIN	Yes



179	2101020180	TRISHITHA KILARI	Yes
180	2101020181	TRUPTHI BAGELIKAR	Yes
181	2101020182	TUBA SIDDIQUI	Yes
182	2101020183	UPPERU JHANA VI	Yes
183	2101020184	UTAGE HARSHA SACHIN	Yes
184	2101020185	V MYTHREYEE REDDY	Yes
185	2101020186	VADAPARTI SAI SATYA SRI	Yes
186	2101020187	VAKUDAVATH PRANITHA	Yes
187	2101020188	VALABOJU SANJANA	Yes
188	2101020189	VANCHITA G	Yes
189	2101020190	VANGURI VARDHINI	Yes
190	2101020191	VANKUDAVATH SONY	Yes
191	2101020192	VARTHYA MANJULA	Yes
192	2101020193	VEERANDI GEETHANJALI	Yes
193	2101020194	VISLAWATH AKANKSHA	Yes
194	2101020195	VODNALA SINDHUJA	Yes
195	2101020196	VORUGANTI HARI PRIYA	Yes
196	2101020197	VUNDAKOTI ANAMIKA	Yes
197	2101020198	WANKHEDE PRIYANKA SUBHASHRAO	Yes
198	2101020199	Y GAYATHRI YADAV	Yes
199	2101020200	YARAMADA AKSHITHA	Yes
200	2101020201R	AMATUR RAHMAN ERRAM	Yes
201	2101020202R	APURVA AJINATH FAND	Yes
202	2101020203R	BODDUPALLI AKSHITHA	Yes
203	2101020204R	DHANASHREE KISHORE JAGTAP	Yes
204	2101020205R	JAGGARI DHARANI	Yes
205	2101020206R	KURAKULA SHREYA	Yes
206	2101020207R	PAMIREDDY TEJASWINI	Yes
207	2101020208R	PATIL SAKSHIBABASAHEB	Yes
208	2101020209R	PONNAGANTI TANUJA	Yes
209	2101020210R	SARDA SHRUTI SHIVNARAYAN	Yes
210	2101020211R	SRIGIRI AMULYA	Yes
211	2101020212R	SYKAM DEEPTHI REDDY	Yes
212	2101020213R	TEKKALI SRAVANI	Yes
213	2101020214R	THIRUNAGARI MAMRATHA	Yes
214	2101020215R	ALLU DEEPIKA	Yes
215	2101020216R	BANOTH AKSHAYA	Yes
216	2101020217R	ENMULA TEJASHWINI	Yes
217	2101020218R	JAHNAVI SONI	Yes
218	2101020219R	KOPPULA HUMPY PRADYUMNA	Yes
219	2101020220R	KUNGULWAR JUHI SANDEEP	Yes
220	2101020221R	LANKAPALLI PRAISY	Yes
221	2101020222R	MADUGULA AMULYA	Yes
222	2101020223R	PANDHARE TANAYA NARSINGRAO	Yes
223	2101020224R	PATIL VISHAKHA GOPALSING	Yes
224	2101020225R	SAI VINEETHA BANDARU	Yes
225	2101020226R	SAVARAPU SIRISHA	Yes
226	2101020227R	THOTA SAMYUKTHA	Yes
227	2101020228R	VISHNU PRIYA PENDEM	Yes

P. M. S.
Co-ordinator



S. Veerabha
Principal / Dean
Malla Reddy Medical College for Women Principal/Dean

YOGA AND HEALTH	
Course Code: WVAC-21/22-01	
Date: May 9 th – 11 th 2022	Time: 9:00 am-4:00 pm
Venue: Lecture Hall, Ground Floor, MRMCW	
Total students completed: 224 students from 2021 batch I year MBBS	

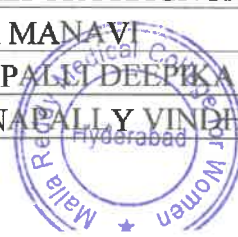
S.NO	REGISTRATION NUMBER	NAME OF THE STUDENT	SUCCESSFULLY COMPLETED
1	2101020001	DESHMUKH DARSHANA GAJANAN	Yes
2	2101020002	JAKKA NAMRATA	Yes
3	2101020003	KANHE PUJA BHUPAL	Yes
4	2101020004	A RUCHITHA	Yes
5	2101020005	A SHARANYA	Yes
6	2101020006	AARTHI D RAO	Yes
7	2101020007	AARTI SUNDER RAJU	Yes
8	2101020008	ABBAREDDY VENKATA MANI DEEPIKA	Yes
9	2101020009	ADDI KIYARA REDDY	Yes
10	2101020010	AGRAWAL GAZAL RAVINDRA	Yes
11	2101020011	AKSHITA KANALA	Yes
12	2101020012	AKSHITHA AKUTHOTA	Yes
13	2101020013	AMITASRI BUKKAPATNAM TIRUMALA V	Yes
14	2101020014	ANUBHA VIJAY	Yes
15	2101020015	ARJUN GAYATRI NANASO	Yes
16	2101020016	AVUNURI AKHILA	Yes
17	2101020017	B VISHWA JYOTHI	Yes
18	2101020018	BABHULGAONKAR SAMPADA PRABHAKAR	Yes
19	2101020019	BAGGU ABHINAYA	Yes
20	2101020020	BANDARI MANSI	Yes
21	2101020021	BANOTH JHANSI LAKSHMI	Yes
22	2101020022	BASAVARAJU SRI NIKHITA	Yes
23	2101020023	BHANAP PRESHITA ABHIJ	Yes
24	2101020024	BHANDAVLE RUCHITA BALASAHEB	Yes
25	2101020025	BHOJANE VAISHNAVI VASANT	Yes
26	2101020026	BOJJA SUSHMALATHA	Yes
27	2101020027	BOMMASANI POOJITHA	Yes
28	2101020028	BONGURALA SREELAKSHMI	Yes
29	2101020029	BOOREDDY YASHWINTHA	Yes
30	2101020030	CHALLA CHAITANYA SREE	Yes

31	2101020031	CHEPURI ANGEL	Yes
32	2101020032	CHINDAM TARUNIKA	Yes
33	2101020033	CHINTHACHETTU HARIKKA	Yes
34	2101020034	CHORGE BHAVANA PRAKASH	Yes
35	2101020035	D GRACE EVELYNE	Yes
36	2101020036	D SAIPRIYA	Yes
37	2101020037	D VAHINI REDDY	Yes
38	2101020038	DALVE RUTUJA DATTATRAYA	Yes
39	2101020039	DANALAKOTA HARSHITHA	Yes
40	2101020040	DARSHINI D	Yes
41	2101020041	DASARI ABHINAYA	Yes
42	2101020042	DHAGE AMBIKA HARIDASRAO	Yes
43	2101020043	DHARAMSOTH DEEKSHITHA	Yes
44	2101020044	DHARAVATH SNEHA	Yes
45	2101020045	DHOLE SANSKRUTI VILAS	Yes
46	2101020046	DHRUVITHA REDDY GUNTAKA	Yes
47	2101020047	DIMPLE LAHARI GORLA	Yes
48	2101020048	DIVYA NIKHITA VELAMURI	Yes
49	2101020049	DNYANESHWARI RAJENDRA MASAL	Yes
50	2101020050	DUBAS KALYANI	Yes
51	2101020051	DUVVUR ANUDEEPTHI	Yes
52	2101020052	EDUNURI SR AKANKSHA	Yes
53	2101020053	ENUMULA SUSHMITHA	Yes
54	2101020054	ESHNA ANANDA	Yes
55	2101020055	G M SOMALI YADAV	Yes
56	2101020056	G SOUMYA	Yes
57	2101020057	GADDALA SUSANNA	Yes
58	2101020058	GADDAM PRATHIBHA	Yes
59	2101020059	GANDHARI AVANI	Yes
60	2101020060	GANJI NAGA SAI LAKSHMI BHUVANA SRI	Yes
61	2101020061	GARSHALA ANUSHA	Yes
62	2101020062	GOURARAM SANJANA REDDY	Yes
63	2101020063	GUDICHUTTU PRAVALIKA	Yes
64	2101020064	GUNDE PRATHYAKSHA	Yes
65	2101020065	GURBANI SHEETAL DINESH	Yes
66	2101020066	HITYSHA KATTA	Yes
67	2101020067	ISHWARYA SARVA	Yes
68	2101020068	ISIREDDY NAGA SRIKSHITA	Yes
69	2101020069	J SWETHA	Yes
70	2101020070	J JANANEE SREE	Yes
71	2101020071	J V SREE SAI LIKITHA	Yes
72	2101020072	JAGTAP SHIVANI DIPAK	Yes
73	2101020073	JAMALPUR PRAGNYA SADGUNA	Yes
74	2101020074	JILLA MANAVI	Yes
75	2101020075	JILLAPALEE DEEPIKA	Yes
76	2101020076	JOGINAPALLY VINIDHYA	Yes

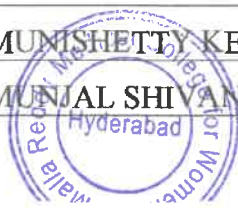
J. N. Lalitha

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Malla Reddy Medical College for Women



77	2101020077	JOSHI SHARVARI SHAILESH	Yes
78	2101020078	K FAAEDA AFSHAN	Yes
79	2101020079	K SREEHITHA	Yes
80	2101020080	K TEJASHWINI	Yes
81	2101020081	KADIMETLA ROOPA	Yes
82	2101020082	KAKADE ANJALI RAJABHAU	Yes
83	2101020083	KALTHURI LAKSHMI VEEKSHITA	Yes
84	2101020084	KALWAR SHRUTI DEEPAK	Yes
85	2101020085	KAMANI VARSHITHA	Yes
86	2101020086	KANKARE SEJAL SURYAKANT	Yes
87	2101020087	KARNAKOTI SWATHI	Yes
88	2101020088	KATKAMWAR YASHSHREE NAMDEV	Yes
89	2101020089	KAZA SRI HARSHITHA	Yes
90	2101020090	KEDASI KAVYA JAHNAVI	Yes
91	2101020091	KHAN MASIRA KHANAM JIYAULLA	Yes
92	2101020092	KHAN MUNAZZA FAROOQUE AHMAD	Yes
93	2101020093	KHANDARE KSHITJA PRUTHVIRAJ	No
94	2101020094	KILLA NAGALAXMI	Yes
95	2101020095	KOMMU TEJASWINI	Yes
96	2101020096	KOTA SHIVATHMIKA	Yes
97	2101020097	KOTTE AKSHAYA PATEL	Yes
98	2101020098	KUDURMALLA ROSHINI	Yes
99	2101020099	KUKKALA YAMINI DEVI	Yes
100	2101020100	KULKARNI SATWIKA	Yes
101	2101020101	KYASA VARSHA	Yes
102	2101020102	LAVANYA MUPPALLA	Yes
103	2101020103	LAXMI	Yes
104	2101020104	M PRIYA MARIA	Yes
105	2101020105	M SUSMITHA	Yes
106	2101020106	MADAMALA NAVYA	Yes
107	2101020107	MADUGULA SAHANA	Yes
108	2101020108	MAHENDRAKAR PRIYANKA	Yes
109	2101020109	MAMINDLA MOUNIKA	Yes
110	2101020110	MATAM VAISHNAVI	Yes
111	2101020111	METRE DIVYA	Yes
112	2101020112	METTU SANJANA	Yes
113	2101020113	MHATRE SAVARI UMESH	Yes
114	2101020114	MOHAMMAD SHAGUFTHANAAZ	Yes
115	2101020115	MOTAMARRI SREE VALLI	Yes
116	2101020116	MUDKANA SNEHA VIJAYKUMAR	Yes
117	2101020117	MUNISHETTY KEERTHANA	Yes
118	2101020118	MUNJAL SHIVANI DHANRAJ	Yes



S. Veeralaxmi
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119	2101020119	N.NEHA	Yes
120	2101020120	NAGALLA NIKITHA	Yes
121	2101020121	NEERUDU MEDHA KOUSHAL	Yes
122	2101020122	NIMKAR MAITHILI NARESH	Yes
123	2101020123	NITYA MADHURYA DUGGIRALA	Yes
124	2101020124	P R NISHITHA	Yes
125	2101020125	P V SAYUJYA	Yes
126	2101020126	PALLATI SWETHA	Yes
127	2101020127	PALLE SRIJA SAI	Yes
128	2101020128	PAPASANI NAVYA SAI REDDY	Yes
129	2101020129	PATIL AARYA SACHIN	Yes
130	2101020130	PATIL AISHWARYA RAMCHANDRA	Yes
131	2101020131	PATIL AKSHATA HEMANT	Yes
132	2101020132	PATIL VAISHNAVI UDAY	Yes
133	2101020133	PATIL VEDIKA UDAY	Yes
134	2101020134	PAUL BHAGYASHRI SANJAYRAO	Yes
135	2101020135	PAVANI BALLA	Yes
136	2101020136	PENDYALA KATHYAYANI	Yes
137	2101020137	PRAGNYA BANDARI	Yes
138	2101020138	PRAJWALIKA BASNET	Yes
139	2101020139	PULGAM SAI SPANDANA REDDY	Yes
140	2101020140	PULIPAKA HIMABINDU	Yes
141	2101020141	PUNUGUPATI DEEPTHI	Yes
142	2101020142	PURVI HOSAD	Yes
143	2101020143	PYATA SAI SUSHMA	Yes
144	2101020144	RABIA SULTANA	Yes
145	2101020145	RACHAKONDA HARSHITHA	Yes
146	2101020146	RAHEEN RAHMAN	Yes
147	2101020147	RAJALAKSHMI BALASUBRAMANIAN	Yes
148	2101020148	RAJURKAR BHAGYASHRI VINOD	Yes
149	2101020149	RAKHI RAO	Yes
150	2101020151	RAPOLU TEJASWI	Yes
151	2101020152	RASAPUTRA SWETHA	Yes
152	2101020153	RUHI ALTAF MOMIN	Yes
153	2101020154	SAATVIKA BUDDHIRAJU	Yes



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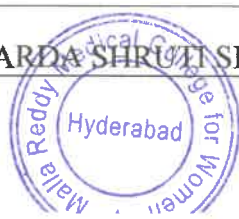
154	2101020155	SADIRAPALLI HARITHA	Yes
155	2101020156	SAMA GEETHIKA REDDY	Yes
156	2101020157	SAMA NANDINI	Yes
157	2101020158	SANISSETTI TANUJA NAGA PRABHADEVI	Yes
158	2101020159	SATHI HARICHANDANA VEERRAGHAVA REDDY	Yes
159	2101020160	SHAIK SHEERIN	Yes
160	2101020161	SHAIKH JOBIYASHARMIN SHAIKH HAROON	No
161	2101020162	SHAIKH SARAH NISAR AHMED	Yes
162	2101020163	SHINDE SNEHA KHANDOJI	Yes
163	2101020164	SHINDE VAISHNAVI SANTOSH	Yes
164	2101020165	SHRIYA SAI MANGARI	Yes
165	2101020166	SIRISHA GARIKIPATI	Yes
166	2101020167	SRIGIRI KRUSHIKA REDDY	Yes
167	2101020168	SRIRANGAM BINDU JYOSHITHA	Yes
168	2101020169	SRISHTI	Yes
169	2101020170	SUMAIYA AYESHA	Yes
170	2101020171	SURAPAKA SRI CHANDANA	Yes
171	2101020172	TANISHA GAURI	Yes
172	2101020173	TANVIA MEDAPATI	Yes
173	2101020174	THAGIRSHA SPANDHANA	Yes
174	2101020175	THALLA RAJASREE	Yes
175	2101020176	THAMBURA TEJASWI	Yes
176	2101020177	THANDRA SARAYU	Yes
177	2101020178	THODE SAHASRA	Yes
178	2101020179	TISHA JAIN	Yes
179	2101020180	TRISHITHA KILARI	Yes
180	2101020181	TRUPTHI BAGELIKAR	Yes
181	2101020182	TUBA SIDDIQUI	Yes



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182	2101020183	UPPERU JHANAVI	Yes
183	2101020184	UTAGE HARSHA SACHIN	Yes
184	2101020185	V MYTHREYEE REDDY	Yes
185	2101020186	VADAPARTI SAI SATYA SRI	Yes
186	2101020187	VAKUDAVATH PRANITHA	Yes
187	2101020188	VALABOJU SANJANA	Yes
188	2101020189	VANCHITA G	Yes
189	2101020190	VANGURI VARDHINI	Yes
190	2101020191	VANKUDAVATH SONY	Yes
191	2101020192	VARTHYA MANJULA	Yes
192	2101020193	VEERANDI GEETHANJALI	Yes
193	2101020194	VISLAWATH AKANKSHA	Yes
194	2101020195	VODNALA SINDHUJA	No
195	2101020196	VORUGANTI HARI PRIYA	Yes
196	2101020197	VUNDAKOTI ANAMIKA	Yes
197	2101020198	WANKHEDE PRIYANKA SUBHASHRAO	Yes
198	2101020199	Y GAYATHRI YADAV	Yes
199	2101020200	YARAMADA AKSHITHA	Yes
200	2101020201R	AMATUR RAHMAN ERRAM	Yes
201	2101020202R	APURVA AJINATH FAND	Yes
202	2101020203R	BODDUPALLI AKSHITHA	Yes
203	2101020204R	DHANASHREE KISHORE JAGTAP	Yes
204	2101020205R	JAGGARI DHARANI	Yes
205	2101020206R	KURAKULA SHREYA	Yes
206	2101020207R	PAMIREDDY TEJASWINI	Yes
207	2101020208R	PATIL SAKSHIBABASAHEB	Yes
208	2101020209R	PONNAGANTI TANUJA	Yes
209	2101020210R	SARDA SHRUTI SHIVNARAYAN	Yes



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210	2101020211R	SRIGIRI AMULYA	Yes
211	2101020212R	SYKAM DEEPTHI REDDY	Yes
212	2101020213R	TEKKALI SRAVANI	Yes
213	2101020214R	THIRUNAGARI MAMRATHA	Yes
214	2101020215R	ALLU DEEPIKA	Yes
215	2101020216R	BANOTH AKSHAYA	Yes
216	2101020217R	ENMULA TEJASHWINI	Yes
217	2101020218R	JAHNAVI SONI	Yes
218	2101020219R	KOPPULA HUMPY PRADYUMNA	Yes
219	2101020220R	KUNGULWAR JUHI SANDEEP	Yes
220	2101020221R	LANKAPALLI PRAISY	Yes
221	2101020222R	MADUGULA AMULYA	Yes
222	2101020223R	PANDHARE TANAYA NARSINGRAO	Yes
223	2101020224R	PATIL VISHAKHA GOPALSING	Yes
224	2101020225R	SAI VINEETHA BANDARU	Yes
225	2101020226R	SAVARAPU SIRISHA	Yes
226	2101020227R	THOTA SAMYUKTHA	Yes
227	2101020228R	VISHNU PRIYA PENDEM	Yes


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Certificate of Completion

This to certify that Mr/Ms. **CHORGE BHAVANA PRAKASH** of

I year MBBS, bearing roll no: **2101020034**, has Successfully completed the Value

added Course – “**YOGA AND HEALTH**”, conducted, in the institute from 9th May to 11th

“May 2022.



S. Sreelatha

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This to certify that Mr/Ms. **D GRACE EVELYNE** of

I year MBBS, bearing roll no: **2101020035**, has Successfully completed the Value

added Course – “**YOGA AND HEALTH**”, conducted, in the institute from 9th May to 11th

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Coordinator

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Certificate of Completion

This to certify that Mr/Ms. **D SAIPRIYA** _____ of

I year MBBS, bearing roll no: **2101020036** _____, has Successfully completed the Value

added Course – **“YOGA AND HEALTH”**, conducted, in the institute from 9th May to 11th

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This to certify that Mr/Ms. **D VAHINI REDDY** of

I year MBBS, bearing roll no: **2101020037**, has Successfully completed the Value

added Course – “YOGA AND HEALTH”, conducted, in the institute from 9th May to 11th

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S. Lalitha

Principal / Dean

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S. Lalitha

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This to certify that Mr/Ms. **DALVE RUTUJA DATTATRAYA** of
I year MBBS, bearing roll no: **2101020038**, has Successfully completed the Value
added Course – “**YOGA AND HEALTH**”, conducted, in the institute from 9th May to 11th
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This to certify that Mr/Ms. **DANALAKOTA HARSHITHA** of

I year MBBS, bearing roll no: **2101020039**, has Successfully completed the Value

added Course – **“YOGA AND HEALTH”**, conducted, in the institute from 9th May to 11th

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S. Sivalakshmi

Principal / Dean

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This to certify that Mr/Ms. **DARSHINI D** _____ of

I year MBBS, bearing roll no: **2101020040** _____, has Successfully completed the Value

added Course – **“YOGA AND HEALTH”**, conducted, in the institute from 9th May to 11th

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S. Lalitha

Principal / Dean

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This to certify that Mr/Ms. **DASARI ABHINAYA** of

I year MBBS, bearing roll no: **2101020041**, has Successfully completed the Value

added Course – **“YOGA AND HEALTH”**, conducted, in the institute from 9th May to 11th

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This to certify that Mr/Ms. **DHAGE AMBIKA HARIDASRAO** of
I year MBBS, bearing roll no: **2101020042**, has Successfully completed the Value
added Course – “**YOGA AND HEALTH**”, conducted, in the institute from 9th May to 11th
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Certificate of Completion

This to certify that Mr/Ms. **DHARAMSOTH DEEKSHITHA** _____ of

I year MBBS, bearing roll no: **2101020043** _____, has Successfully completed the Value

added Course – **“YOGA AND HEALTH”**, conducted, in the institute from 9th May to 11th

“May 2022.



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This to certify that Mr/Ms. **DHARAVATH SNEHA** _____ of

I year MBBS, bearing roll no: **2101020044** _____, has Successfully completed the Value

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S. Sivalakshmi

Principal / Dean

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This to certify that Mr/Ms. **DHOLE SANSKRUTI VILAS** _____ of

I year MBBS, bearing roll no: **2101020045** _____, has Successfully completed the Value

added Course – **“YOGA AND HEALTH”**, conducted, in the institute from 9th May to 11th

“May 2022.



[Handwritten Signature]
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This to certify that Mr/Ms. **DHRUVITHA REDDY GUNTAKA** _____ of
I year MBBS, bearing roll no: **2101020046** _____, has Successfully completed the Value
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This to certify that Mr/Ms. **DIMPLE LAHARI GORLA** of

I year MBBS, bearing roll no: **2101020047**, has Successfully completed the Value

added Course – “**YOGA AND HEALTH**”, conducted, in the institute from 9th May to 11th

“May 2022.



D. L. G.
Coordinator

S. Lalitha
Principal / Dean
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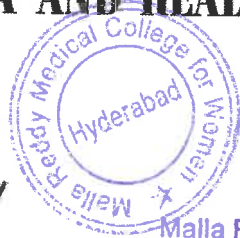
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This to certify that Mr/Ms. DIVYA NIKHITA VELAMURI of

I year MBBS, bearing roll no: 2101020048, has Successfully completed the Value

added Course – “YOGA AND HEALTH”, conducted, in the institute from 9th May to 11th

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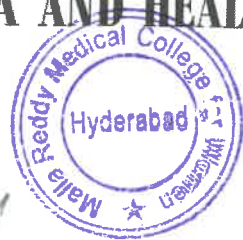
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This to certify that Mr/Ms. DNYANESHWARI RAJENDRA MASAL of
I year MBBS, bearing roll no: 2101020049, has Successfully completed the Value
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This to certify that Mr/Ms. **DUBAS KALYANI** _____ of

I year MBBS, bearing roll no: **2101020050** _____, has Successfully completed the Value

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Certificate of Completion

This to certify that Mr/Ms. **DUVVUR ANUDEEPTHI** _____ of

I year MBBS, bearing roll no: **2101020051**, has Successfully completed the Value

added Course – “**YOGA AND HEALTH**”, conducted, in the institute from 9th May to 11th

“May 2022.



[Handwritten Signature]
Coordinator

[Handwritten Signature]
Principal / Dean
Malla Reddy Medical College for Women

[Handwritten Signature]
Principal/Dean

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Certificate of Completion

This to certify that Mr/Ms. **EDUNURI SR AKANKSHA** of

I year MBBS, bearing roll no: **2101020052**, has Successfully completed the Value

added Course – “**YOGA AND HEALTH**”, conducted, in the institute from 9th May to 11th

“May 2022.



[Handwritten Signature]
Coordinator

[Handwritten Signature]
Principal / Dean
Malla Reddy Medical College for Women

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Principal/Dean

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Certificate of Completion

This to certify that Mr/Ms. **ENUMULA SUSHMITHA** of

I year MBBS, bearing roll no: **2101020053**, has Successfully completed the Value

added Course – **“YOGA AND HEALTH”**, conducted, in the institute from 9th May to 11th

“May 2022.



[Signature]
Coordinator

[Signature]
Principal / Dean
Malla Reddy Medical College for Women

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Certificate of Completion

This to certify that Mr/Ms. **ESHNA ANANDA** _____ of

I year MBBS, bearing roll no: **2101020054** _____, has Successfully completed the Value

added Course – **“YOGA AND HEALTH”**, conducted, in the institute from 9th May to 11th

“May 2022.



S. Sulekha

[Signature]
Coordinator

Principal / Dean
Malla Reddy Medical College for Women

S. Sulekha
Principal/Dean

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Certificate of Completion

This to certify that Mr/Ms. **G M SOMALI YADAV** of
I year MBBS, bearing roll no: **2101020055**, has Successfully completed the Value
added Course – “**YOGA AND HEALTH**”, conducted, in the institute from 9th May to 11th
“May 2022.



Dull
Coordinator

S. Sivalatha
Principal / Dean
Malla Reddy Medical College for Women

S. Sivalatha
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Certificate of Completion

This to certify that Mr/Ms. **G SOUMYA** _____ of

I year MBBS, bearing roll no: **2101020056** , has Successfully completed the Value

added Course – **“YOGA AND HEALTH”**, conducted, in the institute from 9th May to 11th

“May 2022.



S. Hareetha

Principal / Dean
Malla Reddy Medical College for Women

S. Hareetha

Principal/Dean

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Coordinator

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Certificate of Completion

This to certify that Mr/Ms. **GADDALA SUSANNA** of
I year MBBS, bearing roll no: **2101020057**, has Successfully completed the Value
added Course – “**YOGA AND HEALTH**”, conducted, in the institute from 9th May to 11th
“May 2022.

[Signature]
Coordinator



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Certificate of Completion

This to certify that Mr/Ms. **GADDAM PRATHIBHA** of

I year MBBS, bearing roll no: **2101020058**, has Successfully completed the Value
added Course – “**YOGA AND HEALTH**”, conducted, in the institute from 9th May to 11th

“May 2022.



Dallu
Coordinator

S. Sruelatha
Principal / Dean
Malla Reddy Medical College for Women

S. Sruelatha
Principal/Dean

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Certificate of Completion

This to certify that Mr/Ms. **GANDHARI AVANI** of

I year MBBS, bearing roll no: **2101020059**, has Successfully completed the Value added Course – “**YOGA AND HEALTH**”, conducted, in the institute from 9th May to 11th

“May 2022.



S. Laxalatha

Principal / Dean
Malla Reddy Medical College for Women

Dull
Coordinator

S. Laxalatha
Principal/Dean

WVAC-21/22-01